

Complete Winter Safety Checklist

Use this checklist to stay safe, warm, and prepared during the winter season at home, outdoors, while driving, and in emergencies.

1. Home Winter Safety

- ■ Insulate pipes to prevent freezing.
- ■ Seal doors and windows to block cold air.
- ■ Service heaters and fireplaces.
- ■ Install carbon monoxide detectors.
- ■ Keep space heaters away from flammable items.
- ■ Clear snow from roofs and gutters.
- ■ Stock extra blankets and warm clothing.

2. Personal & Health Safety

- ■ Wear layered clothing.
- ■ Use gloves, scarves, and thermal socks.
- ■ Moisturize skin to prevent dryness.
- ■ Drink warm fluids and stay hydrated.
- ■ Avoid long exposure to extreme cold.
- ■ Watch for signs of hypothermia and frostbite.

3. Outdoor & Travel Safety

- ■ Check weather before going out.
- ■ Wear non-slip winter shoes.
- ■ Carry a charged phone.
- ■ Avoid icy roads and paths.
- ■ Walk slowly on slippery surfaces.

4. Vehicle Winter Safety

- ■ Check tires and tire pressure.
- ■ Keep windshield fluid topped up.
- ■ Carry emergency kit in car.
- ■ Warm up engine in extreme cold.

- ■ Keep fuel tank at least half full.

5. Emergency Kit Checklist

- ■ Blankets
- ■ Torch/flashlight
- ■ Extra batteries
- ■ First aid kit
- ■ Non-perishable food
- ■ Water bottles
- ■ Power bank
- ■ Warm clothes

6. Fire & Electrical Safety

- ■ Never leave heaters unattended.
- ■ Do not overload electrical sockets.
- ■ Keep candles away from curtains.
- ■ Turn off heaters before sleeping.
- ■ Use certified heating equipment only.

7. Kids & Elderly Care

- ■ Ensure extra warmth for children.
- ■ Limit outdoor time for elderly.
- ■ Check heating in their rooms.
- ■ Provide warm meals regularly.

8. Pet Winter Safety

- ■ Keep pets indoors in extreme cold.
- ■ Provide warm bedding.
- ■ Do not leave pets in cars.
- ■ Ensure clean drinking water.

Stay safe, stay warm, and be prepared this winter by following this checklist regularly.